



SWEET CORN TAMALES WITH NUTELLA®

Otros | Vegetarian | Dinner | Mid-afternoon | All year round | Banqueting

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Yields: 14 each

Portion: 1 tamale

Ingredients

- Corn husks(approx. 28 or enough to wrap tamales. May have to double-wrap to place on bottom of steam pan)
- 240 ml corn puree
- 420 ml masa harina
- 240 ml hot water
- 113 g butter, softened
- 36 g sugar
- 9 g salt
- 27 g baking powder
- 200 g Nutella®

Salsa

- 480 ml mango diced small
- 18 g sugar

Procedure:

For the tamale batter, in a mixer with a paddle, add corn puree, masa harina, hot water, butter, sugar, salt and baking powder. Mix for one minute on low speed.

Scrape bowl down and mix for additional minute. Place 54 g of batter into a corn husk and wrap, folding bottom to seal, but leaving top open. Place extra husks in a steam pan to protect tamales, and steam for about an hour. Batter should pull freely away from the husk. Drizzle with 7 g of Nutella® per tamale and serve with a mango salsa on the side.

Salsa:

Mix diced fruit, sugar together and hold refrigerated until needed.