



Chia Seed and Berry Parfait made with Nutella®

Parfait / Mousse | Gluten free | Snacking | All year round



3 cups Coconut Water

½ cup Chia Seeds, Dry

3 cups Greek Yogurt

1 cup Blueberries

1 cup Strawberries

1 cup Blackberries

6 oz. Nutella® (Piping Bag XUS87019)

In a bowl, combine the coconut water and chia seeds and let stand until the seeds have fully absorbed the liquid. In another bowl, whip the yogurt until smooth. Layer the glasses first with the yogurt, then the fruit and last the Chia Seed mixture. Decorate with fresh fruits and a drizzle of 0.5 oz Nutella®